



**THIS BROCHURE WAS GUIDED BY A MEDICINE WHEEL-INSPIRED FRAMEWORK, RECOGNIZING THAT WELLNESS INCLUDES PHYSICAL, MENTAL AND EMOTIONAL, SPIRITUAL, AND COMMUNITY WELLBEING.**

**SERVICES ARE ORGANIZED FOR EASE OF USE, WHILE BALANCE AND CONNECTION WERE CENTRAL IN SHAPING WHAT IS INCLUDED.**



## **ROOTED IN COMMUNITY: RESOURCE GUIDE**

Indigenous services in Surrey



## Health & Wellness

**First Nations Health Authority (FNHA)**  
1-855-550-5454 (Health Benefits)  
[www.fnha.ca/](http://www.fnha.ca/)

**Fraser Health Aboriginal Health team**  
604-283-3293

**Surrey Memorial Hospital – Indigenous Patient Liaison Program**  
1-866-766-6960

**Options Community Services – Indigenous Housing & Youth Programs**  
604-584-5811  
[www.options.bc.ca](http://www.options.bc.ca)

**DIVERSEcity Community Resources – Indigenous-specific counselling**  
604-597-0205  
[www.dcrs.ca](http://www.dcrs.ca)

**Phoenix Society – Cultural supports for recovery**  
604-583-7166  
[www.pheonixsociety.com](http://www.pheonixsociety.com)

**Lookout Housing + Health Society – Indigenous outreach staff/programs**  
604-589-7777

**Elizabeth Fry Society – Indigenous Women's Programs**  
604-589-5337

## Mental Health, Trauma, and Healing Supports

**Fraser Health Indigenous Mental Wellness team**  
1-866-766-6960  
<https://www.fraserhealth.ca/indigenous-health>

**Kuu-U's Crisis Line**  
1-800-588-8717  
**24/7 Crisis Line:** 250-723-4050  
<https://www.kuu-uscrisisline.com>

**Foundry Surrey -youth centre with Indigenous programming**  
604-951-3313

**SAIP (Sexual Abuse Intervention Program) – some Indigenous referrals**  
604-587-3936

**Red Path Program (addictions and healing – offered in partnership)**  
1-866-766-6960



COMMUNITY IS BUILT THROUGH CONNECTION, CARE, AND SUPPORTING ONE ANOTHER.

## Justice, Outreach, and Cultural Organizations

**John Howard Society of the Lower Mainland**  
604-520-6477  
<https://www.jhslm.ca>

**Fraser Region Community Justice Initiatives (CJI)**  
604-930-5440  
<https://www.communityjustice.bc.ca>

**Urban Native Youth Association (UNYA)**  
604-254-7732  
<https://unya.bc.ca>

**Community Legal Assistance Society (CLAS)**  
604-685-3425  
<https://clasbc.net>

**Vancouver Aboriginal Transformative Justice Services Society (VATJSS)**  
604-251-7200

## Education, Child & Family Supports

**Surrey School District (SD36) – Indigenous Education Department**  
604-595-6300

**Surrey Public Library**  
604-598-7323

**Kwantlen Polytechnic University (KPU) – Indigenous Services for Students**  
604-599-2100  
<https://www.kpu.ca/indigenous>

**Simon Fraser University (SFU) Surrey – Indigenous Student Centre**  
778-782-3111

**Boys & Girls Clubs of BC (BC & Yukon)**  
604-324-2267  
<https://www.bgcbc.ca>

**YMCA BC**  
604-939-9622